

**SK Badminton Český Krumlov**  
In co-operation with PRO-SPORT ČK o.p.s. presents

# **Badminton**

## **Summer Camp 2011**

**(7. – 13. 8. 2011)**

**The Badminton Summer Camp 2011** is organised for players from U15 to U19. It is also possible to make exceptions. The camp is going to be a one week intensive training programme (6 hours per day), spent mostly on court.. The camp is going to be specialized for general development of your badminton skills. We will gladly welcome any of your suggestions regarding what you would particularly like to work on. The exact schedule and programme will be prepared after the application deadline and according to the players' requirements. There will also be training sessions at the athletic stadium during which we will work on speed and power. You will also learn important information about the tactics, healthy lifestyle, nutrition and regeneration. Our hall is equipped with 5 mobile badminton courts. The athletic stadium and the swimming pool are just 2 minutes walk from the hall. The accommodation is going to be organised in the Sportshall's Guesthouse which is perfectly suitable for events of this kind.

The advantage of the Badminton Summer Camp 2011 is an opportunity to dedicate the whole week to badminton and take back home many new things and ideas for your own training. We expect a 100% enthusiastic attitude from our participants and as a payback we will deliver the best from our coaching skills. You have to hand in the Health State Declaration at your arrival in order to be accepted to attend the camp.

**Dates:** 7. – 13. 8. 2011

**Venue:** Sportshall, Chvalsinska 111, Cesky Krumlov, Czech Republic

**Head coach:**



### **Mgr. Tomasz Mendrek**

#### **Many years Czech international player:**

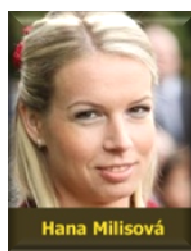
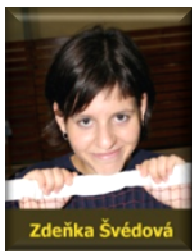
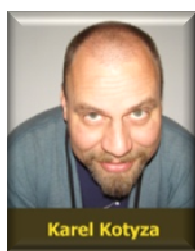
- Participated at OG 1992 in Barcelona (17.-32. place)
- 35<sup>th</sup> place – MS World Ranking (1992)
- International Champion: GDR (1989), CSSR (1989), Cyprus (1991), Malta (1992) a CSFR (1992) in MS
- 9. – 16. place at the EC in 1992 and 1994 in MS
- 3<sup>rd</sup> place at University WC in 1994 in Prague
- 3<sup>rd</sup> place at the European Badminton Circuit 1991/1992
- 16 times Czech National Champion in MS, MD and XD (1990 – 1997)

#### **Experienced youth and seniors coach:**

- Diploma badminton coach (since 1993)
- Lector of badminton at the Charles' University Prague
- Head of coaching education for Czech Badminton Federation
- Head of Level II. coaching courses for Slovak Badminton Federation
- Member of the Czech Badminton Federation Coaching Board
- Member of IBF Development Technicians

### Coaches:

The coaching team will further consist of the coaches, league players and Czech National Team players who are members of SK Badminton Český Krumlov badminton club.



**Shuttles:** Own - feather. Organiser will provide 10 tubes of new shuttles for the camp. Shuttles and other products of RSL and Victor brands can be bought at the venue.

**Prize:** **4200 CZK** ..... *the prize includes:*

- accommodation for 6 nights
- half-board (breakfast and lunch) and drinks
- approx. 30 hours of training in the hall and other sessions at the athletic stadium and the swimming pool
- coaching service (2-4 coaches) – coaches taking care of you during whole camp
- individual evaluation of each participant (chat during the camp, written evaluation)
- small gift for each participant

### Cancellation fees:

- withdrawing 31 days (incl.) prior to the start of the camp – a cancellation fee of 300,- CZK applies
  - 30 to 15 days (incl.) prior to the start of the camp – a cancellation fee of 33% of the total prize applies
  - 14 to 5 days (incl.) prior to the start of the camp – cancellation fee of 66% of the total prize applies
  - 5 days and less prior to the start of the camp – a cancellation fee of 90% of the total prize applies
- Cancellation fee doesn't have to be paid in case of finding a substitution for the withdrawing participant.

### Binding application:

Please send **the attached form** until 5<sup>th</sup> May 2011 at latest via e-mail to: [radek.votava@mybox.cz](mailto:radek.votava@mybox.cz) . Or by post to SK Badminton Český Krumlov, Chvalšinská 111, 381 01 Český Krumlov, Czech Republic.



## PARTNERS of SK Badminton Český Krumlov



**BINDING ENTRY-FORM:**

I hereby apply my son/daughter for **Badminton Summer Camp 2011** that is going to take place in Český Krumlov from 7<sup>th</sup> to 13<sup>th</sup> August 2011 and I agree with the payment of the participation fee and other conditions. We will pay the fee of 4200 CZK after we receive the payment details which will be sent out after the application deadline.

Name: \_\_\_\_\_ Surname: \_\_\_\_\_

ID number: \_\_\_\_\_, Address: \_\_\_\_\_

\_\_\_\_\_

Contact address: \_\_\_\_\_

Phone: \_\_\_\_\_, e-mail: \_\_\_\_\_

T-shirt size:

Date:

Signed: