

R/S/L SUMMER CAMP

since 1928 český krumlov (3.-9.8.2014) **1**

Dear badminton players, we would like to invite you to Český Krumlov for the traditional badminton training camp. It will consist of a one-week intensive training programme (6 hours per day), spent mostly on court... The camp is going to be focused on general development of your badminton skills. The R.S.L. Badminton Summer Camp 2013 will be organised for players from U15 to U19. It is also possible to make exceptions if you are interested to send a younger or older child. We will gladly welcome your requirements regarding what you would like to work on and improve at. The exact schedule and programme will be prepared after the application deadline considering the above mentioned requirements of the players. There will also be training sessions at the athletic stadium focused on speed and power. You will also learn important information about the tactics, healthy lifestyle, nutrition and regeneration. Our hall is equipped with 5 badminton mats. The athletic stadium and the swimming pool are just 2 minute walk away from the hall. Accommodation is going to be prepared in the Sportshall's Guesthouse which is perfectly suitable for events of this kind. For all of you we will have prepared a small present and a traditional surprise!

The advantage of the R.S.L. Badminton Summer Camp 2013 is a chance to spend the whole week with badminton and take back home many new things and ideas for your own training as well as nice experiences. We expect a 100% enthusiastic attitude from our participants and as a payback we will deliver the best from our coaching skills. Please, don't forget to hand in the mandatory Health State Declaration at your arrival in order to be accepted to attend the camp.

Head coach:



Radek Votava

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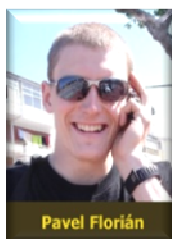
experienced youth and senior coach:

- member of SK Badminton Český Krumlov since the age of 6. Passed through all the age categories and as a player regularly represented the club at the national events. At the age of 22 started coaching. Has coached and worked with children from U11 up to seniors and has brought many of them to the international level. The best Czech Juniors are currently working under him.
- national Level B licence
- assistant and head coach of the National Junior Team of the Czech Republic between 1999 – 2007 and 2013 – 2014
- member of CMC (Coaching-methodical committee) of the Czech Badminton Federation – since 1999
- head coach of SK Badminton Český Krumlov club
- head coach of RSC South Bohemia (Regional Sports Centre)
- coach of Pavel Florian, Lucie Černá, Jaromír Janáček, Martina Benešová, Hana Milisová, Stanislav Kohoutek, Sabina Milová and many other medallists at the Czech National Badminton Championships
- winner of the Czech Badminton Federation „Coach of the Year“ award 2006, 2007, 2008, 2012

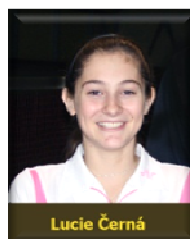
coaching courses and seminars:

- 2000 – badminton coaching course during the WJC in China
- 2002, 2006, 2008 – one-month-long coaching courses in India under the leadership of Mr. Surinder Mahajan, National and International Coach of India
- 2006 – coaching seminar at Charles University Prague: Coaching in sports – Psychology of coaching
- 2007 – badminton coaching course during the WJC in New Zealand
- 2011 – 10-days coaching course in OBK Odense, Denmark
- 1999 – until now – more than 200 international youth, junior and senior events with direct coaching of the players

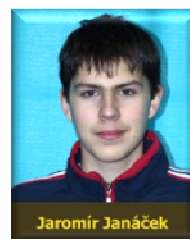
Coaching team: The camp will further be led by Pavel Florián, Lucie Černá and Jaromír Janáček – Czech Republic national team players and players of SKB Český Krumlov badminton club.



Pavel Florián



Lucie Černá



Jaromír Janáček

Dates: 3. – 9. 8. 2014

Venue: Sportshall, Chvalsinska 111, Cesky Krumlov, Czech Republic

Shuttles: Own – feather. Organiser will provide first 10 boxes of new shuttles for the whole camp. If more shuttles are needed, they can be bought together with other R.S.L. products (rackets, grips, etc.).

Price: **4200 CZK** the price includes:

- accommodation for 6 nights including free wireless internet (WIFI)
- half-board (breakfast and lunch) and drinks
- approx. 30 hours of training in the hall and other sessions at the athletic stadium and the swimming pool
- coaching service (2 - 4 coaches) – coaches taking care of you during whole camp
- individual evaluation of each participant (chat during the camp, written evaluation)
- small gift for each participant

Cancellation fees:

- withdrawing 31 days (incl.) prior to the start of the camp – a cancellation fee of 300,- CZK applies
 - 30 to 15 days (incl.) prior to the start of the camp – a cancellation fee of 33% of the total prize applies
 - 14 to 5 days (incl.) prior to the start of the camp – cancellation fee of 66% of the total prize applies
 - 5 days and less prior to the start of the camp – a cancellation fee of 90% of the total prize applies
- Cancellation fee doesn't have to be paid if the withdrawing player finds a substitute for himself.

Binding application:

Please send the attached form until 5th May 2014 at the latest

by e-mail to: radek.votava@mybox.cz

or by post to: SKB Český Krumlov, Chvalšinská 111, 38101 Český Krumlov, Czech Republic


MĚSTO
ČESKÝ KRUMLOV

PARTNEŘI

SK Badminton Český Krumlov

